

"WE ESTABLISH A DISTINCTION BETWEEN AWARENESS AND REALITY, ONLY TO DISCOVER THAT THEY ARE ONE. AND BY ONE I MEAN THAT THEY ARE INDISSOCIABLE."

Extract from 17th April 2021 Dialogue 'Only the Now is Experiential'

The question - which I am paraphrasing - is 'In a recent Dialogue you said that Awareness is an attribute of Reality. You also always say that Awareness IS Reality. But if A is an attribute of B how can A = B?

"I was referring to the use of the word 'attribute' by Spinoza. He makes a distinction between attributes and what we could call modalities or accidents, if I remember correctly [yes, he does: 'modes' are terms which Spinoza takes from Descartes, who in turn use it as a replacement of Aristotle's 'accident']].

The 'accident' for instance is the shape of an object. Let's take the ring-shape. Two different substances, such as gold and silver, could have the same ring-shape. In this case the ring-shape is an accident of the substance. So the seeing the ring-shape does not imply neither gold nor silver. In the case of an attribute it's very different, because the attribute is then characteristic of the substance.

For instance the attribute of eternity would be an attribute of God or Substance. The attribute of Awareness is also, and that has to be discovered. Everybody agrees that the attribute of omnipotence, the attribute of absolute infinity, the attribute of Reality, all of those are attribute of God in Theology. However, not everyone would agree that Awareness is an attribute of God also. That's just to clarify the distinction between 'attribute' and 'accident'.

[...]

According to Spinoza distinction then, when we call something attribute of a substance, when it refers to the word 'substance', then this attribute will always imply the substance, otherwise we should use the word accident.
[...]

The problem with the distinction between substance and attribute is that you cannot have the substance without having attribute and you cannot have the attribute without having the substance. In that sense they are equivalent. The substance is Awareness, Awareness and Reality are One.

We establish a distinction between Awareness and Reality, only to discover that they are One. And by One I mean that they are indissociable.

Why do people believe that Reality and Awareness can be dissociated?

What does it mean this disassociation between Reality and Awareness? By definition Reality always exists, so disassociation means that we could have Reality without Awareness. That's what is implicit in the distinction between Reality and Awareness: 'Reality always is, Awareness can come and go.' The mistake that is made is that it is Awareness of phenomena that come and go, while Awareness Itself never comes and go.

Awareness is the way Reality experiences Itself, and Reality never ceases to experience Itself, because Reality is Experiencing itself. So what seems to make possible this disassociation between Reality and Awareness is the denial of the possibility of the experience of Pure Awareness. That's the missing part. Once We are open to the possibility of the Glimpse, that is to the experience of pure Awareness beyond time and beyond space, always present, at that moment we know that this 'always present' refers to the attribute of eternity. Then, the moment we have the attribute of eternity, we have Reality, because eternity is an attribute of Reality, we cannot have Reality without eternity and eternity without Reality. So the moment we grant

Awareness the attribute of timeless and eternity, then the identity between eternal and Reality is possible.”

You can watch the video of this extract here: <https://www.facebook.com/groups/98221155624/permalink/10159580111855625>