

We know that
there is something rather than nothing
not because of what We perceive
but because We perceive

Francis Lucille

The Treasure that Resides in Your Heart - part 1

(An extract from Francis's Meditation of 19th February.)

The question is not 'Why is there something rather than nothing.'

There is no question.

Because there is something rather than nothing.

That's certain.

[...]

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We cannot escape this certainty.

Now the question is: 'Where does this certainty come from?'

Certainly not from hear-say.

Certainly not from inference.

Because even if we were to infer

that there is something rather than nothing from something else,
this something else which is the origin of the inference
would be already something rather than nothing,
therefore defeating the purpose of this inference
and taking us back to this original experience
that there is something rather than nothing.

[...]

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And then we can ask ourselves: 'What is it in our experience',
because it is our experience that there is something rather than nothing
'What is it in our experience, which has this quality,
to be always present?

It is not a thought, they always change.

It is not a bodily sensation, it is not a sense perception.

They always change.

In our experience there is only One thing that does not change

It is the reality that perceives the perceptions.

Awareness.

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So we know that there is something rather than nothing

Not because we perceive flowers, or chairs,
or computers, or whatever.

We know that there is something rather than nothing
because We perceive, period.

Not because of that which we perceive,
but because We perceive.

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